



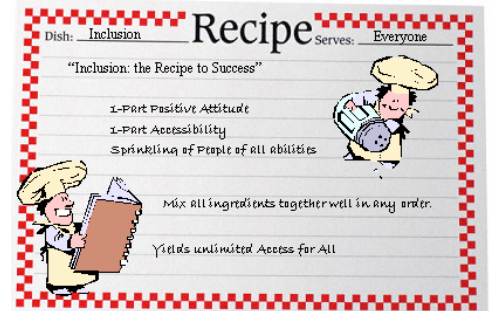
Office of Administration
Governor's Council on Disability



2004-2005

MISSOURI JOURNALISM & POSTER CONTEST

“Inclusion: A Recipe for Success”



If you take one part positive attitude, one part accessibility and mix thoroughly with people with and without disabilities you have **“Inclusion: A Recipe for Success.”** That is the theme of the Missouri Poster and Journalism Contests for this year. Webster’s Dictionary defines inclusion as the act of including or the state of being included. Everyone wants to be included whether it is in a school setting, a work setting or a community setting. This includes people with disabilities. Unfortunately, many times people with disabilities are not included or do not feel included. This may be because of inaccessible buildings and facilities or the attitudes of non-disabled people. People with disabilities want to belong. People with disabilities are “people first”, who enjoy eating out, shopping, working, attending church, sports and entertainment events. Inclusion of people with disabilities is a recipe for success for both people with and without disabilities. Through inclusion people with disabilities can enjoy the same aspects and activities of school and community life as those without disabilities enjoy. Through inclusion people without disabilities learn that people with disabilities are people first who enjoy the same things everyone else enjoys, who like to go to movies, go shopping, participate in sports activities among other things. Inclusion also increases awareness of accessibility issues. Inclusion leads to success.

Think about it. How would you improve inclusion of people with disabilities in your school and/or your community? If you could design a plan for full inclusion of people with disabilities in your community and your school what would your plan include? Look around you. Do you see any barriers, either physical like steps or attitudinal, to inclusion? How would you eliminate these barriers? What would your recipe for success be?



MISSOURI JOURNALISM CONTEST

What we would like you to do:

We would like you to write a report telling us your ideas as to how inclusion of people with disabilities benefits everyone, both people with and without disabilities. Use the theme **“Inclusion: A Recipe for Success.”**

Purpose:

To reward excellence in journalistic writing and to help young Missourians become aware of the need to eliminate negative attitudes toward people with disabilities. The program is open to **all** Missouri high school/middle school students grades 7 through 12.

Program Criteria and Rules: (PLEASE READ CAREFULLY)

1. All reports must be typewritten, double spaced on white 8 1/2” X 11” paper, must be in English, and not exceed three pages.
2. The report **MUST** cover the given theme for 2005 **“Inclusion: A Recipe for Success”**.
3. Each report must identify all quotes, either within the body of the report, or as a footnote.

Journalism Contest Prizes:

1st Place	\$500.00 Cash
2nd Place	\$250.00 Cash
3rd Place	\$100.00 Cash

Additional prize drawings will be held for contest participants. Past prizes have included tickets to Six Flags, Worlds of Fun, Silver Dollar City, and Cardinal’s and Royal’s Baseball games, among others.

MISSOURI POSTER CONTEST

What we would like you to do:

We would like you to design a poster depicting your ideas or plan for inclusion. Use the theme **“Inclusion: A Recipe for Success.”** Show us how people with disabilities can be included in community activities, sports, school activities, so on. Use your imagination; just be sure the poster shows people with disabilities in a positive light.

Purpose:

To interest high school students with a flair for art in creating posters on the subject of people with disabilities. The program is open to **all** high school/middle school students grades 7 through 12.

Contest Criteria and Rules: (PLEASE READ CAREFULLY)

1. Paintings, drawings, photography, collages or any other two-dimensional medium or combination of media in color or black and white is acceptable. Entries must be prepared on a 12” X 16” sheet of illustration board.
2. The entered poster **MUST** deal with the theme for 2005 **“Inclusion: A Recipe for Success”**.

Poster Contest Prizes:

1st Place	\$500.00 Cash
2nd Place	\$250.00 Cash
3rd Place	\$100.00 Cash

Additional prize drawings will be held for contest participants. Past prizes have included tickets to Six Flags, Worlds of Fun, Silver Dollar City, and Cardinal’s and Royal’s Baseball games, among others.

Dates and Deadlines

The deadline for the Journalism and Poster Contest is February 1, 2005.

All entries must be post-marked by this date.

Entries should be mailed to:

For shipping delivery:

Donna Borgmeyer, Disability Program Representative
Governor’s Council on Disability
P.O. Box 1668
Jefferson City, MO 65102-1668

Truman State Office Building
301 West High Street, Room 250A
Jefferson City, MO 65109

For further information call: 800-877-8249



HINTS FOR A WINNING STYLE

Put people first, not their disability. Say, woman with arthritis, children who are deaf, people with disabilities. Avoid generic labels such as “the retarded”, “the deaf” and “the handicapped.”

The word handicap is not a synonym for disability. It describes a condition or barrier imposed by society, the environment, or by one’s own self. Handicap can be used when citing laws and situations but should not be used to describe a disability. Say “the stairs are a handicap for her.”

Use positive language, not sensationalized emotional terms. Avoid the phrases: victim of, afflicted, confined to, wheelchair-bound. Instead use “has polio”, “uses a wheelchair.”

However, do not go overboard trying to be positive. Physically challenged, handicapable, mentally different, physically inconvenienced are cutesy, artificial terms. They reinforce the idea that disabilities can not be dealt with up front.

OFFICIAL ENTRY FORM FOR JOURNALISM AND POSTER CONTEST (Please complete entirely or your entry may be disqualified.)

Student’s Name

Home Address

City

State

Zip

Student’s Home Phone

Grade

Age

School Name

Student’s School Phone

School Address

City

State

Zip

Instructor’s Name

Principal’s Name

PLEASE NOTE: All entries become the property of the Governor’s Council on Disability